



# Archdeacon John Lewis CiW VA Primary School

## Sun Safety Policy

This policy was written in consultation with staff, pupils, parents, governors and professionals involved in mental health and wellbeing.

### **Policy Statement**

Our aim in setting this policy is to protect children when playing in the sun at school and to build an awareness of safe behaviour in the sun, establishing good habits for the future. All children will be involved in a discussion, appropriate for their age and understanding at the start of the summer about sun protection and risks.

### **Sunsmart**

Sunsmart is the national skin cancer prevention campaign run by Cancer Research UK. The Sunsmart schools initiative encourages schools to develop and adopt sun protection policies. They are part of a broader campaign communicating effective skin cancer prevention messages to the general public. In compiling this policy, the school has referred to the guidance given. The five key Sunsmart skin cancer prevention messages are:

1. **Stay** in the shade from 11am to 3pm when you can
2. **Make** sure you never burn
3. **Always** cover up - wear a t-shirt, hat and wraparound sunglasses
4. **Remember** children burn more easily
5. **Then** use factor 15+ sunscreen

### **Shade**

During the day, when the sun is very strong and the children are outside, we will make use of shaded areas.

### **Clothing**

Our school uniform ensures that children's shoulders are covered offering protection from the sun. Parents should provide their child with a named sun hat from April onwards. We encourage the use of wide brimmed sun hats to offer better protection. Sun hats should be

worn when the UV level reaches 3 or above. If a child is not wearing a hat we encourage them to play in the shade.

## **Water**

Parents should ensure their child brings a water bottle to school every day. Drinking water is freely available to refill bottles throughout the day.

## **Sun cream**

Parents should apply sun cream to their child before they come to school from April. Self administration of sun cream is encouraged under supervision. We ask parents to support us by encouraging self administration at home to build confidence and reinforce healthy habits. Younger pupils will be supported in applying sun cream where needed. Any sun cream brought into school should be labelled clearly with the child's name. Sun cream will be applied during break times so this does not affect children's learning time. Roll on sun cream is preferable to allow children to apply it easily.

## **NHS Advice to share with parents:**

When buying sunscreen, the label should have:

- a sun protection factor (SPF) of at least 30 to protect against UVB
- at least 4-star UVA protection

UVA protection can also be indicated by the letters "UVA" in a circle, which indicates that it meets the EU standard.

Make sure the sunscreen is not past its expiry date.