



ARCHDEACON JOHN LEWIS NEWSLETTER

‘Strength Through Knowledge and Faith.’

Friday 25th September 2026

Attendance: 94%

Another Busy and Exciting Week at Archdeacon John Lewis CIW Primary School!

It has been wonderful to see so much enthusiasm, engagement and enjoyment across the school over the past few weeks. Our pupils have been taking part in a wide range of exciting learning opportunities both in and out of the classroom, developing new skills, building confidence and, most importantly, having fun!

Jamie Oliver Cookery School Comes to AJL!

Mrs Hulme has recently launched our Jamie Oliver Cookery School with our Year 3 and 4 pupils.

The children have thoroughly enjoyed their first sessions, learning important life skills. They began by learning about hand hygiene and food safety, understanding why it is so important to wash hands correctly before preparing food.

The budding chefs then put their new knowledge into practice by making delicious ginger biscuits and preparing egg sandwiches. The children demonstrated excellent teamwork, followed instructions carefully and were very proud of the tasty treats they created. We are looking forward to seeing what they cook next!

Friday Afternoon Enrichment

Our Friday afternoon enrichment programme continues to be a huge success. These sessions give children the opportunity to explore interests beyond the traditional curriculum and develop new skills.

Children have been enjoying a variety of activities including: Sports and physical activities; Team games; Outdoor learning experiences and Forest School sessions.

Our Forest School activities have been particularly popular, allowing children to learn outdoors, build resilience, develop problem-solving skills and deepen their appreciation of the natural world.

Year 6 Attend Race for Hate Event

This week, our Year 6 pupils had the opportunity to attend The Race for Hate, an educational event organised by South Wales Police.

The event encouraged pupils to think carefully about topics such as respect, equality, discrimination and the impact that words and actions can have on others. The children engaged thoughtfully in the activities and discussions and represented the school exceptionally well throughout the day.

We are proud of the maturity they demonstrated and the positive attitudes they displayed during this valuable learning experience.

Uniform Reminder

We would like to remind all parents and carers about our school uniform policy, which has been adopted by the Governing Body in line with Welsh Government School Uniform Guidelines.

Our uniform policy aims to:

- Promote a sense of belonging and pride in our school
- Ensure clothing is practical, affordable and inclusive
- Support equality amongst pupils
- Reduce unnecessary costs for families

We kindly ask parents and carers to ensure that children attend school wearing the correct uniform and PE kit on the appropriate days and have attached a reminder of the expectations.

If you have any questions regarding uniform requirements or require support, please contact the school office.

Thank you for your continued support. It is always a pleasure to see our children embracing new opportunities, showing enthusiasm for learning and demonstrating our school's Christian values each day.

We look forward to sharing more exciting news and achievements with you in the coming weeks.

Mrs Forster

Acting Headteacher

Keep in Touch:

www.ajlprimary.co.uk | 01656 815520 | admin@archdeaconjohnlewisps.bridgend.cymru | Message us using the School Gateway app

Safeguarding and Child Protection information can be found here: <https://www.ajlprimary.co.uk/whos-who/safeguarding-and-child-protection>

Upcoming Events

- **Monday 5th October:** Individual and Sibling Portrait Photos
- **Friday 9th October:** Eucharist, 9:15am. All parents/carers welcome
- **Friday 16th October:** Messy Church (Miss Doran / Miss Cummings), parents/carers welcome
- **Monday 26th October - Friday 30th October:** Half Term
- **Tuesday 10th November:** Nasal Flu Vaccines (R-Y6)
- **Friday 13th November:** Eucharist, 9:15am. All parents/carers welcome
- **Friday 4th December:** PTA Christmas Fete & Class Enterprise
- **Wednesday 9th December:** Christmas Dinner Day
- **Friday 11th December:** Eucharist, 9:15am. All parents/carers welcome
- **Wednesday 16th December:** Christmas Service in Coity Church
- **Monday 21st December - Friday 1st January:** Christmas Holidays
- **Monday 4th January:** INSET 2 of 6

Please Keep Us Updated!

Please ensure that your details are kept up to date with the school office. It is essential that we hold up to date address details, phone numbers and email addresses for all parents/carers and emergency contacts.

Any updates to personal information can be submitted on the Gateway app or by email to admin@archdeaconjohnlewisps.bridgend.cymru



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Star of the Week



Values Certificate



Our School Uniform Expectations.

Please clearly label all pieces of uniform including coats, shoes, wellies & hats.

Winter Uniform

- Dark jogging bottoms or grey trousers, grey skirt or grey pinafore, gold polo shirt and burgundy sweatshirt or cardigan.

Uniform does not necessarily need to include the school logo on as we realise these items can be more expensive for families.

- Sensible dark school shoes
- Warm waterproof coat and wellies (for outdoor learning)
- Hat and gloves during cold weather

Summer Uniform Options

- Dark or grey shorts or yellow and white checked dress
- Light waterproof
- Sunhat and all-day sun cream (or roll on sun cream that be applied by the child) during hot, sunny weather

We strongly recommend that children in Nursery wear jogging bottoms due to the high prevalence of physical activities in the nursery curriculum and for ease of toileting.

PE Kit

- Dark joggers/leggings/shorts
- Plain white T-shirt
- Trainers/Black daps

We believe that learning to change in and out of PE kit on PE days is a skill that needs to be practised, particularly from Reception children up. Please provide your child with a drawstring kit bag for their PE kit so that kit may be kept in school. This will allow flexibility over the timing of PE/outdoor games due to timetable clashes with special events and/or inclement weather on scheduled PE/outdoor games days. A separate PE kit is not required for children in Nursery.

Where appropriate, reasonable adjustments can be made to our uniform expectations, for example due to sensory or religious needs. Should you wish to discuss adjustments, please contact the school.

Jewellery / Tattoo Transfers

- One pair of small stud earrings or one single small stud earring. Earrings must be removed or covered with tape for PE.
- One watch (not a smartwatch)
- Transfers (temporary tattoos) are not permitted. These must be removed prior to arriving at school.
- No other jewellery should be worn

Make Up

- No make-up (except for medical/religious reasons)
- No artificial nails

Harvest Collection

**We will be collecting for our local food bank between Mon 5th Oct - Fri 23rd Oct.
Thank you in advance for your generosity!**

- Please ensure all donations are in date
- Small packets are easier for to distribute
- We also accept good quality carrier bags
- Please note we can only accept food that is non-perishable, sealed and in date
- Please refer to the list on the link below for what is currently most needed

<https://bridgend.foodbank.org.uk/give-help/donate-food/food-donations/>



Locations to drop off food donations:



Tesco Extra, Cowbridge
RD, CF31 3SQ
Monday to Saturday
06:00 – Midnight
(Sundays, 10:00–16:00)

Tesco, Brewery Lane,
CF31 4AP
Monday to Saturday
06:00 – 22:00
(Sundays, 10:00–16:00)

Tesco, Castle St,
Maesteg, CF34 9DS
Monday to Saturday
06:00 – Midnight
(Sundays, 10:00–16:00)

Tesco Express, Heol
Fach, North Cornelly,
CF33 4LN
Monday to Sunday
06:00 – 22:00

<https://bridgend.foodbank.org.uk>

Donate food

Over 90% of the food distributed by foodbanks in The Trussell Trust network is donated by the public – that's why your food donations are absolutely vital to our ability to give...

 Bridgend Foodbank

SNACK REMINDER



**FRUIT, VEGETABLES,
CHEESE OR YOGURT**



**CRISPS, CHOCOLATE,
BISCUITS, SWEETS OR
CAKES**



Stay and Play

Little
people...
big
adventures!

A relaxed and friendly session
for little ones aged 0-2

A chance
for you to
meet other
parents and
for your little
ones to make
new friends.



Crafts

Get creative
with simple,
fun activities.



Songs

Sing, move
and share
smiles.



Stories

Build a love
of books from
the very start.



Language Development

Explore simple
ways to support
your child's
communication
and confidence.



Meet & Make Friends

A welcoming space for parents,
carers and babies to socialise.



Every Tuesday

10am

(from the 29th of
September)



Archdeacon John Lewis
CIW Primary School



Contact

Jade

on **07974624089**
to let us know you're coming.

Everyone is welcome!
It's a brand new group!





Mae Brechu yn achub bywydau
Vaccination saves lives

Plant, pobl ifanc a'r fflw

Children, young people and flu

Gall y fflw fod yn ddifrifol
iawn i blant a phobl ifanc.

Flu can be very serious for
children and young people.



Yr hydref yma, bydd pawb o'r
dosbarth derbyn i flwyddyn ysgol
11 yn cael cynnig brechlyn fflw
chwistrell trwyn.

Efallai y bydd rhai'n cael y brechlyn
fflw trwy bigiad (heb gelatin) yn lle.

Siaradwch â'ch nyrs ysgol,
ymwelydd iechyd neu feddygfa am
fwy o wybodaeth.

This autumn, everyone from
reception class age to school year
11 age will be offered a nasal spray
flu vaccine.

Some may have the flu vaccine by
injection (gelatine free) instead.

Talk to your school nurse, health
visitor or GP surgery for more
information.

Gallwch gael gwybod mwy am
frechu rhag y fflw yn:
icc.gig.cymru/brechlynfflw

You can find out more about flu
vaccination at:
phw.nhs.wales/flu vaccine



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales



Sganiwch
fi i wylio
animeiddiad



Scan me to
watch an
animation

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BRIDGEND Young Carers Wellbeing Session

Where:

Brackla Sports Centre located at Archbishop McGrath Catholic High School, CF31 2DN

When:

Our sessions run every
Thursday Evening
4:00pm-6:00pm

Age Group:

5 - 16 Years old

The sessions aim to support young carers' wellbeing by giving them time away from their caring responsibilities, opportunities to build friendships, and a space where they feel listened to and valued.

For more information please contact:
Ffion.Jenkins@bridgend.gov.uk



Support
Listen
Empower
Together

Early Help & Screening Team

NEWSLETTER

Stronger
Families
Brighter
Futures

Children
Young People
Families
Communities

Supporting Children, Young People and Families in Bridgend



Screening Team Update

We are pleased to share some exciting developments within the Screening Team.

- ✓ Welcome to Bleddyn – our new team member!
- ✓ The team is expanding to meet demand.
- ✓ Young Carers Assessments are now being completed.
- ✓ We are becoming fully integrated with the Early Help Team while remaining part of MASH.
- ✓ Waiting times have reduced from 2 months to within 1 week.
- ✓ More tailored support in line with the Signs of Wellbeing approach.

Thank you to all our partner agencies, schools and families for your continued support.

Parent & Child Feedback

“I am very grateful to have had support in what I found to be a very difficult time. The family engaged well and family life has become a lot more positive. My daughter and I have learnt to communicate better and know when to give each other space. We now listen to each other more and enjoy being around each other again. The family support worker was always on hand for support whether a visit or a phone call. I always felt listened to when at times I was at my wits end. I defiantly feel more positive moving.”



“My worker was really nice and played Duplo with me.”

Real
Families
Real
Change

Groups We Offer

Interested?
Get in touch to
express your interest!



Welcome to the World

An 8-week intervention offered from 24 weeks pregnancy, focusing on attachment and bonding, empathy, feelings and family life with a new baby.



Gro Brain

For parents and babies pre-birth to 12 months. Focuses on infant mental health and early parent-infant relationships.



Family Links Nurture Programme

A 10-week programme to help parents and carers build a happy family life.



Non-Violent Resistance Programme

A 7-week programme to support parents with violent or aggressive children.



Play, Grow, Learn

Pilot programme due to begin imminently in Bridgend, with sessions focusing on transition to school, good routines, speech development and playing with your child.



Parent/Carer Wellbeing

A 7-week course which focuses on improving health and wellbeing and is an engagement tool before progressing onto the more formal parenting courses. Run on needs basis.



Talking Teens

A 4-week programme designed to help parents and carers navigate the challenges of raising pre-teens and teenagers.



Current Focuses

- ✓ Exploitation.
- ✓ Early Help are now following the Signs of Well-being Approach.
- ✓ We are working on a pilot for parent Café's to roll out in Bridgend, following training with PAN Cymru.
- ✓ Currently working on pilots for Welcome to the World and Talking Teens following training with The Centre for Emotional Health.



Training Recently Undertaken by Staff

- ✓ Bears – Building Early Attuned Relationships.
- ✓ PACE – a therapeutic framework based on Playfulness, Acceptance, Curiosity, and Empathy designed to help adults build safe and trusting relationships with children who have experienced trauma.
- ✓ Conflict management – teaches professionals how to identify, prevent, and de-escalate tense or aggressive situations with service users, families, and colleagues.
- ✓ Talking Teens.
- ✓ Welcome to The World.



Upcoming Training for Staff

- ✓ Parent Café Training with PAN Cymru.
- ✓ Mental Health First Aid.
- ✓ Impact of Shame.



Investing
in our team
for brighter
tomorrows



Working Together for Happier, Healthier Futures



Contact us:
01656 815420